



EATING CLOSE TO HOME

How To Find & Eat
Locally Grown Foods For
Better Health & Nutrition

Discover the importance of eating locally grown whole foods. It's better for your health, the environment and you're supporting your local economy too. Learn about Upstate sources for locally grown vegetables, fruits, dairy, meat and poultry & eggs.

7 P.M. TO 8 P.M.
JULY 22, 2010
GREENVILLE
PUBLIC LIBRARY
Hughes Main Library
Meeting Room C
25 Heritage Green Place
Greenville, SC 29601

Featured guest speakers:

Ed Wilmot, Chairman of
*Greenville Organic Foods
Organization*

Samantha S. Wallace,
Co-Founder & Publisher of
Edible Upcountry magazine

Hosted by *Foothills Friends*
A Local Quaker Fellowship
www.greenvillequakers.com